February 2024

RESOURCE PARENTS

THE OFFICIAL NEWSLETTER FOR RESOURCE (FOSTER) PARENTS INVOLVED WITH CASA - VOICES FOR CHILDREN



SAVE THE DATE: APRIL 5TH!

CASA-VFC Staff is hard at work planning our next event. We invite you to join us on April 5th from 6-9 p.m. at the Philomath Scouts Lodge for our Spring Swing! More information coming soon.

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UPCOMING DINE-OUT FUNDRAISER

~ February 12th ~ Panera Bread ~ 4-8p.m. ~



Help support us! CASA-Voices For Children



February 12, 2024 4:00 pm to 8:00 pm PST 335 NW 4th St, Corvallis, OR

Use code <u>FUND4U</u> at online checkout, in the Panera App, or at the kiosk in-cafe.*

Bring this flyer or show a digital copy to your cashier when ordering at the cafe or enter the promo code FUND4U at checkout on Panerabread.com or the Panera App to ensure your organization gets a portion of the proceeds.**

Learn more at fundraising.panerabread.com

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*Gift card and catering order placed on Panerabread.com, and delivery orders placed through third-party sites are excluded and will not count towards the event. Other restrictions apply. For complete details, visit: http://fundraising.panerabread.com/terms-contitions/. **Services vary by café.

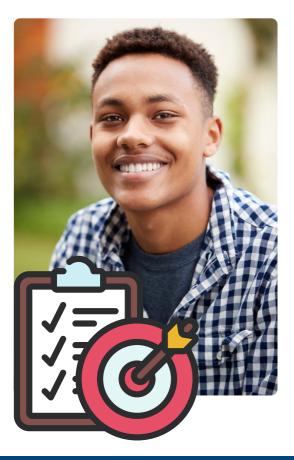
TRAUMA-INFORMED TUTORING

Our specially-trained academic tutors can work with your children to help them reach their educational goals, and teach strategies for success and organization to ensure that this school year will be a great one!

To learn more about the Trauma-Informed Tutoring program, or to enroll your child for tutoring services with CASA, please contact Kari Pinard at executive.director@casa-vfc.org.



Independent Living Program (ILP)



CASA is pleased to announce that our much anticipated, and long-awaited, **Independent Living Program (ILP)** is in the final stages of development.

Our Independent Living Center is being refurbished, and when completed, will be a program gathering place for learning and events.

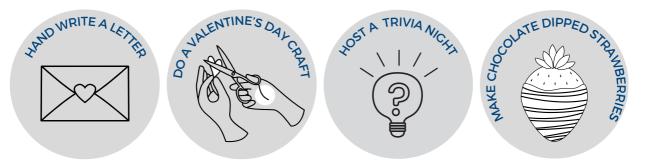
We are currently seeking volunteers to serve on our resource council, or to help guide youth as an independent living mentor.

This is an exciting time for CASA-VFC; to have a much-needed program that was long in the making, finally come together and begin serving the youth in care in our community.

> If you have any questions, please reach out to Micah at ILP.Coordinator@casa-vfc.org

FEBRUARY ACTIVITIES FOR THE FAMILY

New experiences are a great way to engage with your kiddo(s) and make lasting memories this autumn. Below are some of our favorite ideas for fun and inexpensive ways to enjoy the changing seasons with the whole family!



Need a fun and exciting adventure this winter season?



Let's go to the Aquarium!

The Karle's Aquarium Fund for Foster Families program hosted by the Oregon Coast Aquarium in partnership with ODHS allows foster families up to SIX free admissions per family during a single visit to the aquarium in Newport. This program was designed to make experiences like the aquarium more accessible for youth and their resource (foster) families. For more information, click <u>HERE</u>.



JAMES WEBB SPACE TELESCOPE VIEWING NIGHT

February 8th - 6:30 p.m. OSU's Learning Innovation Center



Interested in learning more about the advancement of space exploration? Check out this free event open to the community! To learn more, visit the website <u>HERE</u>

BEACHCOMBING EXPLORIENCE

February 20th , 2 p.m. Lincoln City: SW 33rd St. Beach Access

Spend some time on the beach hunting for gemstones, agates, and other coastal jewels with a local expert! These events are free and no registration is required. It is a reoccurring event so check out their website for more dates and times! For more information, click <u>HERE</u>

FAMILY CONCERT: A MUSICAL PICTURE BOOK

February 24th - 11 a.m. Corvallis Public Library



Enjoy a piano performance with narration, inspired by the fairy tales of Hans Christian Anderson. For more information, click <u>HERE</u>

COMMUNITY OPPORTUNITIES



The Corvallis-Benton County Public Library is now offering in-person as well as virtual events! Check out their site to learn about fun opportunities for kids, tweens and teens!



SCHOLARSHIP PROGRAM

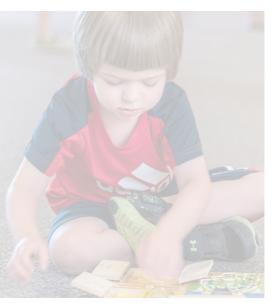
The Parks & Recreation Scholarship Program is accepting applications for the Fiscal 2023-2024 year. Visit the website for more information and eligibility requirements.

Resource Parents! Escape the rain at Corvallis Indoor Park (CIP)

Located in the Frist Presbyterian Church on the corner of 8th St. and Monroe Ave.

For children Kindergarten or younger open Corvallis school days from 9A.M.-2P.M.

Thanks to partnership between CIP & CASA-VFC, resource parents can enjoy the park at no charge. Please stop by the CASA-Voices for Children office to check-out a key for entrance.





CORVALLIS ART CENTER

The Corvallis Art Center inspires creativity and contributes to community well-being through equitable access to and engagement with the visual arts.



Stay up-to-date on the latest events within the City of Corvallis! This site hosts an event calendar of upcoming kid-friendly activities to enjoy with your kiddo(s)!

UPCOMING TRAINING OPPORTUNITIES



Interesting in furthering your education on key topics such as child welfare, mental health, and more?

Please visit our website to explore a wide variety of scheduled live training & webinar options. Available trainings are hosted from local organizations as well as nationwide learning resources.

https://www.casa-vfc.org/live-trainings



FAMILY RESOURCES



National Child Traumatic Stress Network - NCTSN offers a wide array of webinars and e-learning courses on best practices for helping children who have experienced trauma. Visit the link below to create an account for free access to training materials.

VISIT PAGE

Focus on Foster Families App - This app is designed to support foster children, youth, and their caregivers & advocates. Through video interviews and online tools, FOCUS on Foster Families helps users improve their skills related to communication, emotional regulation, problem-solving and goal setting.

VISIT PAGE

Oregon Family Support Network - OFSN is a statewide non-profit organization that supports families who are raising a child with significant mental health challenges. They provide education, support and advocacy for individual families and support systems.

VISIT PAGE

Oregon Post Adoption Resource Center - The OPARC provides services for Oregon DHS adoptive and assisted guardianship families. Services include information, assistance, referral, in-depth consultation, advocacy and support, and education and training for families and advocates. VISIT PAGE

FASCETS: Fetal Alcohol Spectrum Consultation, Education and Training Services - FASCETS presents an array of human-centered resources for learning about FASD.

VISIT PAGE

Byram Healthcare: Byram Healthcare is a national leader in disposable medical supplies, including dipers, delivered directly to your home while billing insurance plans. Visit the link below for eligibility and more information.

VISIT PAGE



DON'T FORGET!

We have tons of great resources for you and your kiddo(s). Please call or email if you are in need of any of the following items.

Clothing Shoes Books Jackets & Winter Coats Sports Equipment Backpacks & Duffle Bags Quilts Birthday Gifts Holiday Gifts

If we don't have the item you are looking for, please let us know and we will try our best to find it for you! For more information please contact: center@casa-vfc.org 541-250-0767



FOLLOW US ON SOCIAL MEDIA

Keep up with CASA on your favorite social media sites! Follow us on <u>Facebook</u> and <u>Instagram</u> for updates on events, learning opportunities, fun activities for kids, and more!



To report child abuse, please call these child abuse hotlines:

Local: 541-757-5019 Toll Free: 866-303-4643



Happy Valentine's Day, RESOURCE PARENTS!

Thank you

for the vital role you play in providing for our most vulnerable population.

- CASA-VFC STAFF



WE ARE HERE FOR YOU!

BENTON COUNTY OFFICE

129 NW 4th St., Suite B Corvallis, OR 97330 (541) 753-5838



LINCOLN COUNTY OFFICE

308 SW Coast Hwy. Newport, OR 97365 (541) 265-3116

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<u>www.casa-vfc.org</u>



Program

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OUR STAFF

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Kelley -Educational & Extracurricular Coordinator



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