November 2023

RESOURCE PARENTS

THE OFFICIAL NEWSLETTER FOR RESOURCE (FOSTER) PARENTS
INVOLVED WITH CASA - VOICES FOR CHILDREN



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- CASA-VFC Annual Holiday Drive
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- Thank You

The Corvallis Parks &
Recreation Fall 2023 &
Winter 2024 Activity
Guide is <u>HERE!</u>
Registration Opens:
Winter: December 2



CASA-VFC ANNUAL HOLIDAY DRIVE

It's that time of year! We want to share the love this holiday season with our Annual Holiday Drive! For more information please visit our website:

www.casa-vfc.org/holiday





NOVEMBER ACTIVITIES FOR THE FAMILY

New experiences are a great way to engage with your kiddo(s) and make lasting memories this autumn. Below are some of our favorite ideas for fun and inexpensive ways to enjoy the changing seasons with the whole family!









CORVALLIS-OSU SYMPHONY: FALL CONCERT

November 19, 3 p.m. LaSells Stewart Cetner

The talented Corvallis-OSU Symphony is putting on their Fall Concert at The LaSells Stewart Center on November 19, at 3 p.m. To learn more about the performance and reserve your seat, click <u>HERE</u>



Bring your cat-loving friends and family to the Corvallis Community Center to make toys and engage in play with cats! This FREE event is suitable for all ages. To learn more, click <u>HERE</u>.

NEWPORT AUTUMN FEST: ART SHOW

November 11, 10-4 p.m Newport Rec Center



Get a start on holiday shopping and attend the Autumn Fest Art Show featuring over 70 unique artisans.

To learn more, visit the website <u>HERE</u>.

20TH ANNUAL CORVALLIS TURKEY TROT



November 23, 2023

Enjoy the holiday with friends & family at the Corvallis Turkey Trot! Runners, walkers, children in strollers, and dogs on leashes are all welcome to join the fun on the 5K, 10k, and Little Gobblers 1K. Learn more and register HERE.



COMMUNITY OPPORTUNITIES



LIBRARY EVENTS

The Corvallis-Benton County Public Library is now offering in-person as well as virtual events! Check out their site to learn about fun opportunities for kids, tweens and teens!



SCHOLARSHIP PROGRAM

The Parks & Recreation Scholarship Program is accepting applications for the Fiscal 2023-2024 year. Visit the website for more information and eligibility requirements.

Resource Parents! Escape the rain at

Corvallis Indoor Park (CIP)

Located in the Frist Presbyterian Church on the corner of 8th St. and Monroe Ave.

For children Kindergarten or younger open Corvallis school days from 9A.M.-2P.M.

Thanks to partnership between CIP & CASA-VFC, resource parents can enjoy the park at no charge. Please stop by the CASA-Voices for Children office to check-out a key for entrance.





CORVALLIS ART CENTER

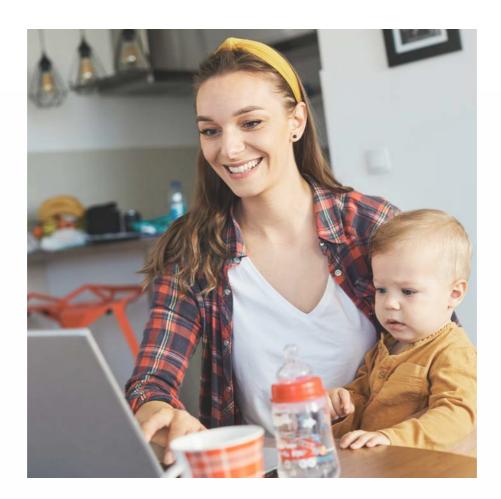
The Corvallis Art Center inspires creativity and contributes to community well-being through equitable access to and engagement with the visual arts.



VISIT CORVALLIS

Stay up-to-date on the latest events within the City of Corvallis! This site hosts an event calendar of upcoming kid-friendly activities to enjoy with your kiddo(s)!

UPCOMING TRAINING OPPORTUNITIES



Interesting in furthering your education on key topics such as child welfare, mental health, and more?

Please visit our website to explore a wide variety of scheduled live training & webinar options. Available trainings are hosted from local organizations as well as nationwide learning resources.

https://www.casa-vfc.org/live-trainings



FAMILY RESOURCES



FASCETS: Fetal Alcohol Spectrum Consultation, Education and Training Services - FASCETS presents an array of human-centered resources for learning about FASD.

VISIT PAGE

Focus on Foster Families App - This app is designed to support foster children, youth, and their caregivers & advocates. Through video interviews and online tools, FOCUS on Foster Families helps users improve their skills related to communication, emotional regulation, problem-solving and goal setting.

VISIT PAGE

National Child Traumatic Stress Network - NCTSN offers a wide array of webinars and e-learning courses on best practices for helping children who have experienced trauma. Visit the link below to create an account for free access to training materials.

VISIT PAGE

Oregon Family Support Network - OFSN is a statewide non-profit organization that supports families who are raising a child with significant mental health challenges. They provide education, support and advocacy for individual families and support systems.

VISIT PAGE

Oregon Post Adoption Resource Center - The OPARC provides services for Oregon DHS adoptive and assisted guardianship families. Services include information, assistance, referral, in-depth consultation, advocacy and support, and education and training for families and advocates.

VISIT PAGE

2-1-1 Info: The 2-1-1 info program by Oregon Department of Education is a free and confidential resource providing guidance on behavioral strategies, child development, parenting classes, local play groups, resource care, and MORE. Simply Dial 211 or Text the keyword children to 898211. Visit their website below.

VISIT PAGE



DON'T FORGET!

We have tons of great resources for you and your kiddo(s). Please call or email if you are in need of any of the following items.

Clothing Shoes Books Jackets & Winter Coats
Sports Equipment
Backpacks & Duffle Bags

Quilts
Birthday Gifts
Holiday Gifts

If we don't have the item you are looking for, please let us know and we will try our best to find it for you!

For more information please contact:

center@casa-vfc.org

center@casa-vfc.org 541-250-0767



FOLLOW US ON SOCIAL MEDIA

Keep up with CASA on your favorite social media sites!
Follow us on <u>Facebook</u> and <u>Instagram</u> for updates on events, learning opportunities, fun activities for kids, and more!



To report child abuse, please call these child abuse hotlines:

Local: 541-757-5019

Toll Free: 866-303-4643



We are thankful for you,

RESOURCE PARENTS!



for the vital role you play in providing for our most vulnerable population.

- CASA-VFC STAFF



BENTON COUNTY OFFICE

129 NW 4th St., Suite B Corvallis, OR 97330 (541) 753-5838



LINCOLN COUNTY OFFICE

308 SW Coast Hwy. Newport, OR 97365 (541) 265-3116



www.casa-vfc.org





Program

Deisy - Program Supervisor

Aaron - Program Coordinator (BC)

Karen - Program Coordinator (BC)

Robyn - Program Coordinator (LC)

OUR STAFF

Kari - Executive Director

Special Programs

Emme - Support Specialist

Waino - Connections Coordinator

Lori - ILP Coordinator

Tim - Research & Data Analyst



Development

Kailee - Development Coordinator

Catherine- Project Coordinator

Alyssa- Communications Coordinator