

December 2023

RESOURCE PARENTS

THE OFFICIAL NEWSLETTER FOR RESOURCE (FOSTER) PARENTS
INVOLVED WITH CASA - VOICES FOR CHILDREN



IN THIS ISSUE:

- Trauma-Informed Tutoring/ ILP
- CASA-VFC Annual Holiday Drive
- December Activities for the Family
- Community Opportunities
- Upcoming Training Opportunities
- Family Resources
- Don't Forget! We Have Items for Children in Care
- Thank You

Let's Play Some Indoor Soccer!



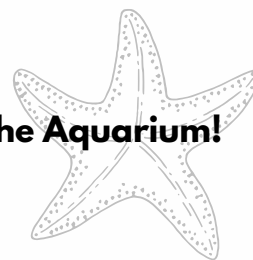
Jackson Street Youth Services in partnership with U.S. Youth Soccer are hosting a winter season of TOPSoccer.

TOPSoccer is all about having fun and is an inclusive soccer program for kids 6-18 with ANY disability, free of charge!

Dates & times coming soon!

Email or Call Salvador Maciel for more information at
salvador.maciell@jacksonstreet.org or
541-223-8844.

Let's go to the Aquarium!



Need a fun and exciting adventure this winter season?

The wonderful Karle's Aquarium Fund for Foster Families program hosted by the Oregon Coast Aquarium in partnership with ODHS allows foster families up to SIX free admissions per family during a single visit to the aquarium in Newport. For more information, click [HERE](#).

TRAUMA-INFORMED TUTORING

Our specially-trained academic tutors can work with your children to help them reach their educational goals, and teach strategies for success and organization to ensure that this school year will be a great one!

To learn more about the Trauma-Informed Tutoring program, or to enroll your child for tutoring services with CASA, please contact Kari Pinard at executive.director@casa-vfc.org.



Independent Living Program (ILP)



CASA is pleased to announce that our much anticipated, and long-awaited, **Independent Living Program (ILP)** is in the final stages of development.

Our Independent Living Center is being refurbished, and when completed, will be a program gathering place for learning and events.

We are currently seeking volunteers to serve on our resource council, or to help guide youth as an independent living mentor.

This is an exciting time for CASA-VFC; to have a much-needed program that was long in the making, finally come together and begin serving the youth in care in our community.

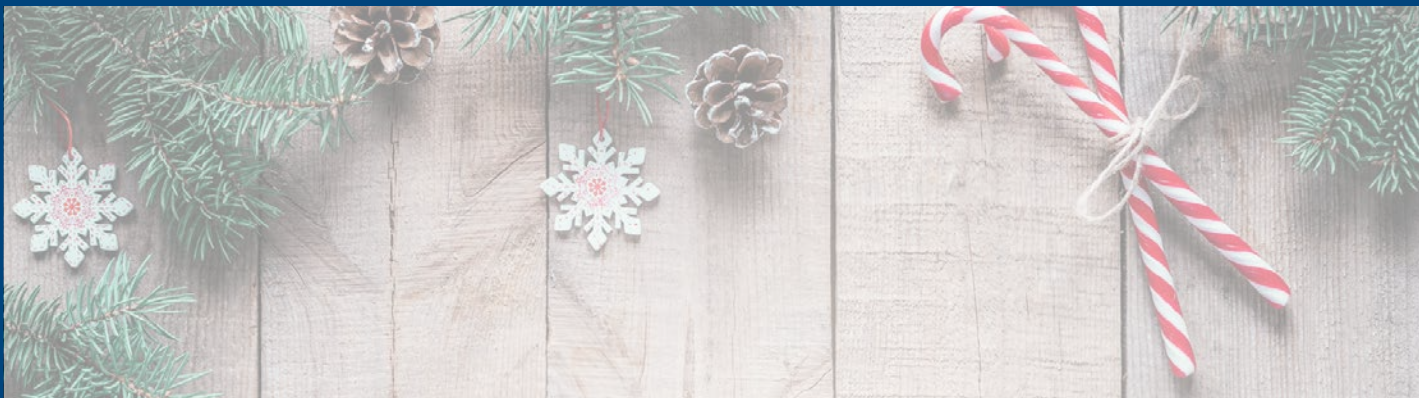
For questions or additional information, please contact Lori at: ILP.Coordinator@casa-vfc.org 541-753-5838

CASA-VFC ANNUAL HOLIDAY DRIVE



Help us spread the joy of the holidays by
spreading the word about our Annual Holiday Drive!

If you know anyone who is interested in investing in our youth
and ensuring they have a wonderful holiday season, please
encourage them to visit our website for more information.



DECEMBER ACTIVITIES FOR THE FAMILY

New experiences are a great way to engage with your kiddo(s) and make lasting memories this autumn. Below are some of our favorite ideas for fun and inexpensive ways to enjoy the changing seasons with the whole family!



TEAL CO OPERATIVE ART GALLERY

Daily October 31
-December 29th,
10 a.m.-6 p.m

Check out this dazzling art gallery, located Downtown Corvallis, 328 SW Second Street, Corvallis, OR 97333. A portion of the Gallery's sales is donated to local schools and community programs. To learn more, click [HERE](#)



JINGLE BELL JOG 5K

December 9, Lincoln City
Community Center 10 a.m.

Ring in the holidays with a fun run! The 5k course hosted by Lincoln City Parks & Recreation starts and ends at the Lincoln City Community Center. Registration is \$30. For more information, click [HERE](#).



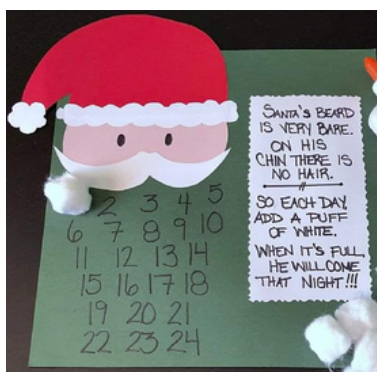
CORVALLIS COMMUNITY CENTER: HOLIDAY SING-A-LONG

December 8th, Corvallis
Community Center 7-8 p.m.

What better way to celebrate the holidays than a Sing-a-Long! Led by the Wallop Sisters, this festive celebration is fit for all ages and abilities. Lyrics will be provided. Admission is FREE so bring your friends and family. To learn more, click [HERE](#)



CHRISTMAS COUNTDOWN



Check out this fun Santa beard countdown craft! For more information on how to make this at home, click [HERE](#).

PHILOMATH PARADE OF LIGHTS December 16th, 7 p.m.



The City of Philomath and the Philomath Frolic and Rodeo are partnering to host this beautiful holiday parade. Bundle up and bring your chairs and line the streets to enjoy the show! For information on the parade route, click [HERE](#).

COMMUNITY OPPORTUNITIES



LIBRARY EVENTS

The Corvallis-Benton County Public Library is now offering in-person as well as virtual events! Check out their site to learn about fun opportunities for kids, tweens and teens!



SCHOLARSHIP PROGRAM

The Parks & Recreation Scholarship Program is accepting applications for the Fiscal 2023-2024 year. Visit the website for more information and eligibility requirements.

Resource Parents! Escape the rain at **Corvallis Indoor Park (CIP)**

Located in the Frist Presbyterian Church on the corner of 8th St. and Monroe Ave.

For children Kindergarten or younger open Corvallis school days from 9A.M.-2P.M.

Thanks to partnership between CIP & CASA-VFC, resource parents can enjoy the park at no charge. Please stop by the CASA-Voices for Children office to check-out a key for entrance.



CORVALLIS ART CENTER

The Corvallis Art Center inspires creativity and contributes to community well-being through equitable access to and engagement with the visual arts.



VISIT CORVALLIS

Stay up-to-date on the latest events within the City of Corvallis! This site hosts an event calendar of upcoming kid-friendly activities to enjoy with your kiddo(s)!

UPCOMING TRAINING OPPORTUNITIES



**Interesting in furthering your education
on key topics such as child welfare,
mental health, and more?**

Please visit our website to explore a wide variety of scheduled live training & webinar options. Available trainings are hosted from local organizations as well as nationwide learning resources.

<https://www.casa-vfc.org/live-trainings>



FAMILY RESOURCES



National Child Traumatic Stress Network - NCTSN offers a wide array of webinars and e-learning courses on best practices for helping children who have experienced trauma. Visit the link below to create an account for free access to training materials.

[VISIT PAGE](#)

Focus on Foster Families App - This app is designed to support foster children, youth, and their caregivers & advocates. Through video interviews and online tools, FOCUS on Foster Families helps users improve their skills related to communication, emotional regulation, problem-solving and goal setting.

[VISIT PAGE](#)

Oregon Family Support Network - OFSN is a statewide non-profit organization that supports families who are raising a child with significant mental health challenges. They provide education, support and advocacy for individual families and support systems.

[VISIT PAGE](#)

Oregon Post Adoption Resource Center - The OPARC provides services for Oregon DHS adoptive and assisted guardianship families. Services include information, assistance, referral, in-depth consultation, advocacy and support, and education and training for families and advocates.

[VISIT PAGE](#)

FASCETS: Fetal Alcohol Spectrum Consultation, Education and Training Services - FASCETS presents an array of human-centered resources for learning about FASD.

[VISIT PAGE](#)

"IF YOU CAN HELP A CHILD, YOU DON'T HAVE TO SPEND YEARS REPAIRING AN ADULT."
— JOYCE MEYER



DON'T FORGET!

We have tons of great resources for you and your kiddo(s).
Please call or email if you are in need of any of the following items.

Clothing
Shoes
Books

Jackets & Winter Coats
Sports Equipment
Backpacks & Duffle Bags

Quilts
Birthday Gifts
Holiday Gifts

If we don't have the item you are looking for,
please let us know and we will try our best to find it for you!

For more information please contact:

center@casa-vfc.org

541-250-0767



FOLLOW US ON SOCIAL MEDIA

Keep up with CASA on your favorite social media sites!
Follow us on [Facebook](#) and [Instagram](#) for updates on events,
learning opportunities, fun activities for kids, and more!

**REPORT
CHILD
ABUSE!**

To report child abuse, please call these child
abuse hotlines:

Local: 541-757-5019

Toll Free: 866-303-4643



Happy Holidays,

RESOURCE PARENTS!



Thank you

for the vital role you play
in providing for our
most vulnerable
population.

- CASA-VFC STAFF

WE ARE HERE FOR YOU!

BENTON COUNTY OFFICE

129 NW 4th St., Suite B
Corvallis, OR 97330
(541) 753-5838



LINCOLN COUNTY OFFICE

308 SW Coast Hwy.
Newport, OR 97365
(541) 265-3116



www.casa-vfc.org



Program

Deisy - Program Supervisor

Mikayla - Program Lead (LC)

Anne - Program Coordinator (BC)

Karen - Program Coordinator (BC)

Robyn - Program Coordinator (LC)

Steven - Program Coordinator (LC)

OUR STAFF

Kari - Executive Director

Special Programs

Emme - Support Specialist

Waino - Connections Coordinator

Tim - Research & Data Analyst

Lori - ILP Coordinator

Kelley - Educational & Extracurricular Coordinator



Development

Kailee - Development Coordinator

Catherine - Project Coordinator

Alyssa - Communications Coordinator